Operational Task List

| Operational Task List | Owner | Occurence |
| :--- | :--- | :--- |
| Family \& Social Activities |  |  |
| plan family outings |  |  |
| plan social events (birthday parties, dinner parties) |  |  |
| plan vacations |  |  |
| call relatives and friends |  |  |
| make gifts/cards |  |  |
| take pictures |  |  |
| create photo albums/slide shows |  |  |
| schedule date nights |  |  |
| send cards (thank you, birthday, holidays) |  |  |
| other: |  |  |
| Outdoor Maintenance |  |  |
| maintain yard (mow lawn, rake leaves, shovel snow) |  |  |
| maintain garden (pull weeds, plant vegetables) |  |  |
| manage major outdoor projects (landscaping, <br> building play structures, putting up fences) |  |  |
| maintain and repair car(s) |  |  |
| wash car(s) |  |  |
| make or coordinate home improvements (carpentry, <br> painting, roofing) |  |  |
| clean gutters |  |  |
| other: |  |  |
| Shopping/Errands |  |  |
| buy groceries |  |  |
| run errands |  |  |
| buy household supplies |  |  |
| buy clothing \& shoes |  |  |
| make large purchases (car,TV) |  |  |
| buy gifts |  |  |
| take items to dry cleaner |  |  |
| other: |  |  |

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| :--- | :--- | :--- | :--- |
| Scheduling |  |  |  |
| maintain family calendar/schedule |  |  |  |
| coordinate family and work hours |  |  |  |
| plan family meetings |  |  |  |
| schedule appointments at home (repair services, <br> housecleaners, deliveries) and be available |  |  |  |
| schedule classes, workshops, after school activities |  |  |  |
| other: |  |  |  |
| Finances |  |  |  |
| plan budget \& debt management |  |  |  |
| pay bills |  |  |  |
| do taxes |  |  |  |
| manage retirement planning |  |  |  |
| manage savings and plan for large purchases <br> (vehicles, education) |  |  |  |
| manage insurance, wills, living trusts |  |  |  |
| other: |  |  |  |
| Indoor Maintenance |  |  |  |
| straighten up the house, put things away |  |  |  |
| clean the house (dust, vacuum, clean bathrooms) |  |  |  |
| take out garbage |  |  |  |
| do laundry |  |  |  |
| preparing for guests |  |  |  |
| decorate house (regular ongoing projects) |  |  |  |
| decorate for holidays or special occasions |  |  |  |
| do small repairs around the house |  |  |  |
| manage computers \& technology (purchase, maintain) |  |  |  |
| organize and re-stock emergency kit (fire, earthquake) |  |  |  |
| plan and practice emergency and safety procedures <br> (fire, earthquake) |  |  |  |
| organizing projects (clean closets, garage, drawers) |  |  |  |
| other: |  |  |  |

## familyrö́

| Operational Task List | Owner | Occurence |
| :--- | :--- | :--- | :--- |
| Food Preparation/Clean-up |  |  |
| plan meals |  |  |
| make breakfast |  |  |
| make or pack school lunches |  |  |
| make dinner |  |  |
| do dishes |  |  |
| baking, canning or other "special" food projects |  |  |
| other: |  |  |
| Wellness |  |  |
| schedule doctor, dentist and other wellness care <br> appointments |  |  |
| create exercise routine |  |  |
| lead/organize spiritual practices |  |  |
| plan stress management activities |  |  |
| participate in hobbies and personal enrichment |  |  |
| schedule haircuts, nails, massages |  |  |
| other: |  |  |
| Pet Care |  |  |
| feed pet(s) |  |  |
| play with pet(s) and/or take pet(s) for walk |  |  |
| take pet(s) to vet |  |  |
| other: |  |  |

## family rớ

| Operational Task List | Owner | Occurence |
| :--- | :--- | :--- |
| Child/Elder Care |  |  |
| feed |  |  |
| bathe |  |  |
| change/dress |  |  |
| take to doctor, dentist, orthodontist... |  |  |
| transport to activities |  |  |
| play, read to/with |  |  |
| manage morning routine |  |  |
| manage evening routine |  |  |
| get up at night |  |  |
| plan and attend activities |  |  |
| pick up after |  |  |
| coordinate, participate in school activities <br> (PTA, sports coach, club advisor, college visits) |  |  |
| help with homework |  |  |
| help learn new skills |  |  |
| manage behavior and discipline |  |  |
| other: |  |  |

